

FALL & WINTER 2010 - 2011

COMMUNITY SERVICES PROGRAM CALENDAR

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Most programs are held at
270 Gerrard St. East, Toronto
unless otherwise indicated



Our Promise to you

We serve everyone in our community of diverse colour, culture, religions, economic status, gender, sexual orientation and social condition.



**YONGE
STREET
MISSION**

CHRISTIAN
COMMUNITY CENTRE
270 GERRARD STREET E.
TORONTO, ON M5A 2G4
PHONE: 416-929-9614

www.ysm.ca

PROGRAM COORDINATORS

COMMUNITY SERVICES ADMINISTRATIVE OFFICE

270 Gerrard St. E., Toronto, ON M5A 2G4

Email: csinfo@ysm.ca, Fax: 416-929-1598, Website: www.ysm.ca

Claire Barcik, Director of Community Services, at 416-929-9614 ext. 3228

Janice Rainey, Assistant Director and Adult Programs Coordinator, at 416-929-9614 ext 3249

Debbie Ciccone, Assistant Director and Daycare Supervisor, at 416-929-9614 ext 3248

Theresa Simmonds, Community Services and Projects Administrator, at 416-929-9614 ext 3250

ADVOCACY/RESOURCES

Evonne Komaromi, Social Worker, at 416-929-9614 ext. 3229

CHILDREN

Julie MacLean, Children's Coordinator, at 416-929-9614 ext. 3222

COMPUTER LAB CLASSES

TD Securities Computer Literacy Centre, 310 Gerrard Street East

Julian Williams, Computer Education Coordinator, at 416-925-9614 ext. 4226

COUNSELLING

Counsellor, at 416-929-9614 ext. 3226

DAYCARE

Debbie Ciccone, Daycare Supervisor, at 416-929-9614 ext. 3248

FOOD BANK

Alvin Góngora, Food Bank Coordinator, at 416-929-9614 ext. 3256

NEW HOPE FELLOWSHIP

Evonne Komaromi, Adult Programs Supervisor, at 416-929-9614 ext. 3229

SENIORS

Janice Rainey, Adult Programs Coordinator, at 416-929-9614 ext. 3249

WOMEN AND FAMILY

Karen Thorpe, Women and Family Coordinator, at 416-929-9614 ext. 3227


YOUTH

Jeff Kariuki, Youth Coordinator, at 416-929-9614 ext. 3223

CHILDREN & YOUTH PROGRAMS

CHILDREN'S AFTER SCHOOL CLUBS

Contact Julie MacLean at 416-929-9614 ext. 3222
Michelle Kim, 416-929-9614 ext. 3287

Program	Description
Breakfast Club Saturday 10:00 a.m. to 1:00 p.m. For grades 1 – 8	Come out to the CCC for a fun morning. We'll have waffle parties, learn about life and God, play games and sports, do art and computers, make new friends, go on field trips, eat delicious breakfasts and more.
Junior Basketball Clinic Saturday 1:00 p.m. to 3:00 p.m. For grades 3 – 8	Improve your hoop skills!
Homework Clubs Sports/Computer Tuesday and Thursday 3:30 p.m. to 5:30 p.m. For grades 1 – 8 (There is a waiting list.)	This is a place to do your homework, learn new skills, play sports, access the Internet and make friends. We have lots of volunteers, staff and tutors to help you learn! 
'What in the World' Activity Club Wednesday 3:30 p.m. to 5:00 p.m. For grades 1 – 6	Let's explore the world through art, literature, music, food, sports and fun. We'll learn science, geography, math and other academic skills through the arts. We'll make crystal stars, go on field trips, bake, have special guests, but most of all have FUN .
'The Sky's the Limit' Music Clubs various times (There is a waiting list.)	Music has been found to stimulate the brain and aid academic success in math and science. Percussion Club A wonderful percussion teacher from University of Toronto will teach us rhythm and sound with a huge array of musical instruments. Come and have fun making instruments, making soundscapes, putting on a show! Piano and Guitar Lessons We offer private piano and guitar lessons after school throughout the week and on Saturdays, taught by Music Box, a program from University of Toronto.

DAYCARE PROGRAM

Contact Debbie Ciccone, Daycare Supervisor, at 416-929-9614 ext. 3248

Program	Description
Daycare Monday – Friday 7:30 a.m. to 6:00 p.m. ages 3 months - 5 ½ years	Leave for work or school every morning knowing that your child is well cared for by professional, qualified staff in CS's licensed day care facilities. All programs are designed to encourage & enhance each child's developmental abilities. Children take part in arts & crafts, gym, playground, story times, lunches, field trips and other activities.

SCHOOL READINESS PROGRAM WOMEN AND FAMILY

Contact Karen Thorpe at 416-929-9614 ext. 3227

Program	Description
School Readiness Program Monday, Tuesday and Thursday 9:30 a.m. to 11:30 a.m. and 1:00 p.m. to 3:00 p.m. For ages 2 years – 4 years	The enriched preschool programs are designed to help children ages 2 to 4 years old to succeed in school. Coordinated by an Early Childhood Education Specialist and supported by excellent staff and volunteers, children participate in activities such as crafts, stories, music time, dramatic play, gym time and computers. We welcome children with special needs and children for whom English is a second language.



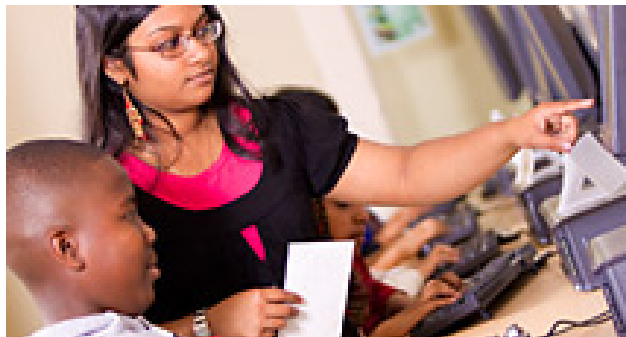
CHILDREN & YOUTH COMPUTER CLASSES

Children, contact Julie MacLean, at 416-929-9614 ext. 3222

Daycare, contact Debbie Ciccone, at 416-929-9614 ext. 3248

Youth, contact Jeff Kariuki, at 416-929-9614 ext. 3223

Program	Description
Children's Homework Club Computer Time Tuesday and Thursday after school	Drop in after school and spend time on computers learning and refreshing skills as part of our Homework Clubs.
Daycare Computer Classes Once or twice per week for half an hour.	Computer classes for preschoolers and toddlers in our CCC daycare program are offered. Basic lessons teach kids how to find the alphabet on the keyboard and how to use the mouse. Children also are engaged in computer activities/games that allow them to practice interacting with the computer.
Youth Computer Time Monday, Wednesday and Friday after school	This is an after school drop-in time for participants in our youth programs to use the computer lab for school or personal use. Youth bring activities/contests/lessons to work on. Homework support is also available on-site.



COMPUTER LAB CLASSES

Located at TD Securities Computer Literacy Centre, 310 Gerrard Street East

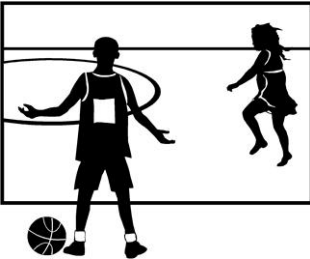
Contact Julian Williams at 416-929-9614 ext. 4226

Program	Description
Primary Computer Course Saturday 10:00 - 11:00 a.m. Saturday 11:00 - 12:00 p.m. Sr. Kindergarten - Grade 3	An 8-week program covers the basics of computer use. The goal is to familiarize younger students with the use of computer technology. Students will develop confidence and gain experience in using a computer.
Introductory Computer Tuesday and Thursday, 4:00 - 5:30 p.m., Grade 4 – 6 Wednesday and Friday, 4:00 - 5:30 p.m., Grade 4 – 6 Wednesday and Friday, 5:30 - 7:00 p.m., Grade 4 – 6 Tuesday and Thursday, 5:30 - 7:00 p.m., Grade 7 – 8	For 11 weeks, students attend a program twice a week that covers the basics of Microsoft Office and develops essential computer skills. Preparing students to use a computer effectively for school projects, this class is an excellent stepping-stone for children who want to become computer literate.
Advanced Computer Course Monday or Friday 4:00 – 5:30 pm, Grade 4 – 8 or Wednesday 5:30 – 7:00 pm, Grade 4 – 8	An 8-week program that runs once a week, this course covers material that builds upon the skills learned in the Introductory Computer Course. This course is open only to students who complete the Introductory Computer Course.
Internet Computer Course 1 Tuesday 5:30 – 7:00, Grade 4 – 8	An 8-week program that runs once a week after school, this course covers internet research skills, the history of the internet, internet safety, and website design. This course is open only to students who complete the Introductory Computer Course and the Advanced Computer Course.
Web Design (winter) Monday 5:30 - 7:00 p.m., Grade 6 – 8	An 8-week program that builds on the skills learned in the Internet I Course module. This course introduces students to advanced HTML and students will build an “e-commerce” website.
Movie Making Course times to be announced Grade 6 – 8	An 8-week course covers the basic stages of creating and bringing to life a story on screen. This course module is open only to students who complete the Advanced Computer Course. The course includes script writing, video recording, acting, directing and editing with Macintosh’s iMovie software.
Introduction to Business and Information Technology Course Tuesday 5:30 to 7:00 p.m., Grade 9 – 10	A 10-week program, this course covers the programming found in Microsoft Office as well as Information and Business Technology. This program provides specific training and practice for the high school credit, BTT.

YOUTH PROGRAMS

Contact Jeff Kariuki, Youth Coordinator at 416-929-9614 ext. 3223
Anne Cheng, Youth Worker, at 416-929-9614 ext 3290
Julian Waithe at 416-929-9614 ext 3291

Youth Programs offer after school activities and events for youth aged 13 – 19 years (grades 6 – 12) with a goal of creating opportunities for youth to better their future.

Program	Description
After School Program Monday, Wednesday and Friday 3:30 p.m. to 6:00 p.m.	The Youth are involved in various activities: basketball, volleyball, ping pong, board games and computer recreation.
Youth Leaders in Training Monday 6:00 pm to 7:00 p.m.	This is a co-ed program where youth take part in small group activities developing leadership and life skills, character education, health and nutrition, and service projects in the community. Snacks will be provided.
Boys Group Wednesday 6:00 p.m. to 8:00 p.m.	The Boys Group, also known as the Young Men’s Group, weekly serves a group of ten youth living in the Regent Park Community between the ages of 14-18. This year’s group will emphasize the importance of hard work, responsibility, discipline, integrity, compassion, and courage. Units and individual lessons will include: healthy relationships; family and social structure; drugs and alcohol use, and Bible study.
Girls Group Wednesday 6:00 p.m. to 8:00 p.m.	Girls group is an opportunity for girls aged 13+ to gather and spend quality time together in an environment that is safe and engaging. Registered girls participate in discussions, activities, and field trips designed to provide them with opportunities to expand their horizons. Snacks will be provided.
Youth Drop-In Friday 4:00 p.m. to 11:00 p.m., ages 13 to 19	The Youth Drop-in is open to youth ages 13 to 19 years. Youth engage in various recreational activities for fun and development: <ul style="list-style-type: none"> ○ Sports: volleyball, basketball, dance ○ Drama workshops ○ Games: board games, computer and video games ○ Movies, snacks and desserts ○ Small group sessions and workshops on various topics, i.e. leadership, jobs Supper is served every Friday. We also have guest speakers and musical entertainers on holidays and special occasions.
	
Pick-Up Basketball Sunday 6:00 p.m. to 9:00 p.m. for ages 16 +	Sunday evenings provide an opportunity to practice those basketball skills learned in the Friday evening coaching sessions during Drop In.
March Break Camps	Daytime activities for male and female youth.


ADULT PROGRAMS

COMPUTER LAB CLASSES

Adult Computer Classes, contact Julian Williams, at 416-929-9614 ext. 4226

Women and Family Classes, contact Sarah Anglin, at 416-929-9614 ext 3279


Seniors, Community and New Hope Fellowship Classes start dates to be announced. Contact Leslie Goodman, at 416-929-9614 ext 3254

Program	Description
Adult Computer Classes Basic typing, MS Word, MS Excel, ESL and computers	Classes will resume later in the Fall. Look for details as they become available at the CCC Reception desk. Classes held at TD Securities Computer Literacy Centre (310 Gerrard St. East)
Women and Family Computer Classes for women <ul style="list-style-type: none">• Typing, email and internet skills Monday and Tuesday 9:30 a.m. to 11:30 a.m.• PowerPoint Thursday 9:30 a.m. to 11:30 a.m.	These computer classes at different skill levels are designed specifically for women who prefer this gender-specific class format. 
Digital Technology 101 Friday 9:30 a.m. to 11:30 a.m.	Learn how to burn a CD or DVD, shop for and operate a digital camera and scan your digital photographs and organize your files on a computer and a flash drive.
Seniors Computer Classes Beginners - Thursday 1:30 - 3:00 p.m. Intermediate - Monday 12:00 - 1:00 p.m. Advanced - Monday 1:30 - 3:00 p.m.	Three levels of classes are offered. Our beginner program is intended for those who have very little experience using the computer. The intermediate program is intended for those who have grasped basic concepts such as word processing and basic internet usage. The advanced program is intended for those who have completed the intermediate class and are ready to move on to more challenging work.
New Hope Fellowship Drop-in Thursday 7:00 p.m. to 8:30 p.m.	Open computer lab use for members of New Hope Fellowship. On occasion, there will be contests and lessons during the period.

NEW HOPE FELLOWSHIP ADULT DROP IN

Contact Evonne Komaromi, at 416-929-9614 ext. 3229


New Hope Fellowship is an opportunity for adults 16 and over in the community to come together and enjoy a time of friendship and fun, and achieve personal goals.

Program	Description
Workshops Thursday, 4:00 p.m. to 5:00 p.m.	There are various workshops scheduled including life skills, anger management and employment support.
Employment support Thursday, 4:00 p.m. to 6:00 p.m.	We help with resumes and job searches for community members.
Drop-in Meal Thursday, 6:00 p.m. to 7:00 p.m.	We offer a delicious meal that is freshly prepared and served to you. The doors open at 5:00 p.m. and the meal is served at 6:00 p.m. followed by the After Dinner Drop-in.
	
After Dinner Programs Thursday, 7:00 p.m. to 8:30 p.m.	A monthly schedule is offered from September to June. You may join in the activities or just hang out with friends; the coffee pot is always on. You may join gym activities, watch a DVD, play a card game or bingo, listen to a guest speaker, exercise, play ping pong and use one of the computers.
Debrief Meeting Thursday, 8:30 p.m. to 9:00 p.m.	At the end of each evening from 8:30 p.m. to 9:00 p.m. we welcome everyone to debrief with us on how their night went. Elections are held once a year to elect New Hope Fellowship Committee members that plan New Hope Fellowship programs. Also, we go on daytrips and take a break from the city at camp for a week. Come get involved and make it happen at New Hope Fellowship.
NHF Computer Drop-in Thursday 7:00 p.m. to 8:30 p.m.	Open computer lab use for members of New Hope Fellowship. On occasion, there will be contests and lessons during the period, as a challenge.
Crafts Monday 2:00 p.m. to 4:00 p.m.	Join us in experimenting in the creative process! Projects will vary depending on the interest of the group.
Community Kitchen Friday 9:30 am to 1:00 pm	Come shop, cook and prepare a meal together. Enjoy eating your meal once it's prepared.
Darts Friday 2:00 p.m. to 4:00 p.m.	Sign up to join a team to play a game of friendly darts.

SENIORS PROGRAMS

Contact Janice Rainey, Seniors Coordinator, at 416-929-9614 ext. 3249


The Lively Seniors' group for men and women 60 and over strives to be a community of love, respect and safety for all the seniors who come through our doors.

Program	Description
Seniors Club Tuesday 12:30 p.m. to 3:00 p.m.	Are you tired of eating alone? Enjoy a delicious meal for the bargain price of only \$2.00. After lunch, hear speakers on seniors' issues, enjoy storytelling, international programming, exercises, games, crafts, outings and monthly birthday parties. Transportation provided within our catchment area.
Seniors Choir Tuesday 11:00 a.m. to 12:00 p.m.	The choir is for any senior who enjoys music and singing. No experience is required. The choir performs at various locations throughout the year.
Seniors Bible Study Thursday 10:45 a.m. to 12:15 p.m.	Come and be part of a small group discussion. Learn more about the Bible and what it means to you personally.
Seniors Community Lunch Thursday 12:15 p.m. to 1:30 p.m.	Enjoy a nutritious lunch and the company of other seniors for the bargain price of \$2.00.
Seniors Drop-In Thursday 1:30 p.m. to 3:30 p.m.	Come and enjoy a variety of activities in the company of other seniors. Play cards, take part in discussion groups, creative arts, or just sit and talk. Occasional outings are part of the Thursday program.
	
Seniors Sewing and Crocheting Thursday 1:30 p.m. to 3:00 p.m.	Learn how to sew, crochet or improve your skills. We will be working on projects for our Fall Sale.
Beginners Computer Class Thursday 1:30 p.m. to 3:00 p.m.	To register for Seniors Computer Classes, call Leslie Goodman at 416-929-9614 ext. 3254. Learn basic computer skills. Opportunity to learn and use the Internet. No computer experience necessary.
Intermediate Class Monday 12:00 p.m. to 1:00 p.m.	To register for Seniors Computer Classes, call Leslie Goodman at 416-929-9614 ext. 3254.
Special Projects Class Monday 1:00 p.m. to 2:00 p.m.	To register for Seniors Computer Classes, call Leslie Goodman at 416-929-9614 ext. 3254. Learn applications such as Microsoft Publisher by working on such projects as a newsletter.
Friendly Visiting	Friendly, caring people available to visit home bound seniors in their own homes.

WOMEN AND FAMILY PROGRAMS

Contact Karen Thorpe at 416-929-9614 ext. 3227

We offer various programs, workshops and special events for women to build community and develop their skills and gifts.

Program	Description
Women's Computer Programs Monday – Friday 9:30 a.m. to 11:30 a.m.	Basic Computer MS Word, MS Excel, typing, and internet skills Monday and Tuesday – 9:30 a.m. to 11:30 a.m. PowerPoint – Thursday 9:30 a.m. to 11:30 a.m.
Digital Technology 101 Friday 9:30 a.m. to 11:30 a.m.	Open to women and men. Learn how to burn a CD or DVD, shop for a digital camera, download music, and scan your digital photographs.
Women's Workshops Times vary	We offer a variety of workshops throughout the year. Programs include peer nutrition, parenting, women support groups, a women's advisory group. Workshop brochures and times are available at the Women's Department or at CCC Reception.
"Building a Better Life" Mentoring and Life Skills Group Wednesday (October 2010 to June 2011) 1:00 pm to 3:00 p.m.	This is an educational group for women to learn more about life skills, build self esteem, find resources in the community, learn about advocacy and be part of a relationship with an experienced mentor from the community who has developed these skills.
Special Events Times vary	We welcome you to help plan International Women's Day, Spa Days, the Annual Fashion Show and special family events throughout the year.
Resource Library Times vary	A lending resource library is available for parents and children. The library includes various materials for families, children's literature, ESL-oriented literature and more. Please contact the Women and Family department for more information.
School Readiness for Children Monday, Tuesday and Thursday 9:30 a.m. to 11:30 a.m. and 1:00 p.m. to 3:00 p.m.	The enriched preschool programs are designed to help children ages 2 to 4 years old to succeed in school. Coordinated by an Early Childhood Education Specialist and supported by excellent staff and volunteers, children participate in activities such as crafts, stories, music time, dramatic play, gym time and computers. We welcome children with special needs and children for whom English is a second language.
	
Childcare	We offer childcare for all of our Women and Family programs. Children join in the school readiness program described above.

ADULT AND FAMILY SERVICES

ADVOCACY AND RESOURCES

Contact 416-929-9614
Evonne Komaromi (ext. 3229)
Janice Rainey (ext. 3249)
Leslie Goodman (ext. 3254)
Palmira Pavao (ext. 3239)

The Resource Centre is devoted to seniors and adults. Assistance is provided for program participants **by appointment** for resume and cover letter preparation, job searches, completing application forms, and understanding documents. Free workshops are also offered at various times during the year. Computer and internet access is available. There are resources on a wide variety of topics including housing, employment, health and well being, government programs, and local agencies.

COUNSELLING

Contact Counsellor, at 416-929-9614 ext. 3226

Yonge Street Mission provides counselling at the Community Services Branch for people who participate in the programmes of Yonge Street Mission as well as residents of the downtown Toronto community. All information shared with our therapists is confidential. There are a number of reasons why people seek out the support of Yonge Street Mission's counsellors. These include;

- Anger
- Stress management
- Grief or loss
- Parenting support
- Abuse or trauma
- Support during life transition and change
- Substance abuse
- Family conflict or other relationship difficulties
- Self-harm behaviour
- Depression, anxiety

FOOD BANK

Contact Alvin Góngora, Food Bank Coordinator, at 416-929-9614 ext. 3256

Families living in our geographic catchment area (see page 14) may apply for membership with the Food Bank. Basic groceries (3 meals a day for 3 days) are available for Food Bank members and families, seniors and people on disability who participate in our other programs. Food bank appointments may be booked up to one week in advance, in person (preferably), in the Food Bank Office, CCC lower level, or by telephone. Unfortunately no same-day appointments will be accepted.

Food Access Times:

	Morning	Afternoon
Monday	Closed for restocking	Closed for restocking
Tuesday	10:00 a.m. to 12:30 p.m.	1:45 p.m. to 4:00 p.m. 6:00 p.m. to 8:00 p.m.
Wednesday	10:00 a.m. to 12:30 p.m.	1:45 p.m. to 4:00 p.m.
Thursday	Closed for training	1:45 p.m. to 4:00 p.m.
Friday	10:00 a.m. to 12:30 p.m.	1:45 p.m. to 4:00 p.m.



FOOD BANK ADVOCACY PROGRAM

Contact Alvin Góngora, Food Bank Coordinator, at 416-929-9614 ext. 3256

Tuesday to Friday 10:00 a.m. to 12:15 p.m. and 1:45 p.m. to 3:45 p.m.

The advocacy program attempts to ensure that resources are accessed both through the services and programs at Yonge Street Mission and other agencies. Issues may include housing, employment, addictions, education, social services and health promotion. All consultations are kept strictly confidential.

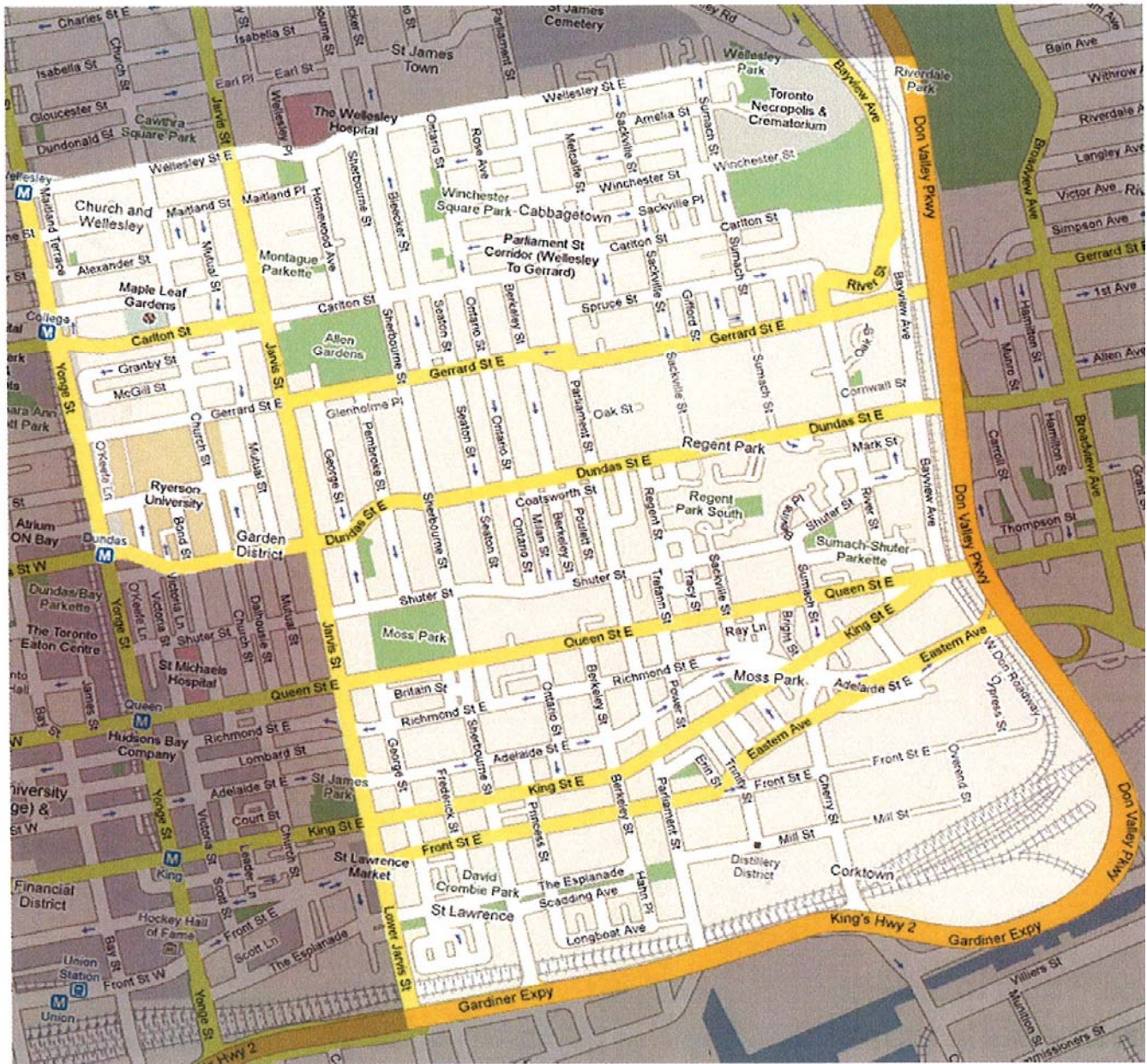
Food Bank Catchment Area

South side of Wellesley Street

Yonge Street North of Dundas St.

South of Dundas St. Jarvis Street

Don Valley Parkway



Gardener Expressway

Our Food Bank catchment area is allocated by the Daily Bread Food Bank.

**For other Community Services Programs
the catchment area extends north to
Bloor Street East**

COMMUNITY SERVICES WEEKLY PROGRAM ACTIVITY CALENDAR

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING PROGRAMS								
Children	Daycare	Daycare	Daycare	Daycare	Daycare	Daycare		
	School Readiness	School Readiness		School Readiness			Children's Breakfast Club	
Adult	Adult Computer	Adult Computer		Adult Computer	New Hope Fellowship Community Kitchen	Student Computers		
		Food Bank	Food Bank		Food Bank			
		Senior Choir		Seniors Bible Study				
	Women's Computer	Women's Computer		Women's Computer	Women's Computer			
AFTERNOON PROGRAMS								
Children and Youth	Daycare	Daycare	Daycare	Daycare	Daycare			
	School Readiness	School Readiness		School Readiness			Junior Basketball Clinic	
		Children Homework Clubs	Children What in the World Activity Club	Children Homework Clubs	Children Music Lessons			
		Children Sports		Children Sports				
		Children Computer		Children Computer				
	Student Computers	Student Computer	Student Computers	Student Computers	Student Computers			
	Youth Computers		Youth Computers		Youth Computers			
	Youth Sports/Games		Youth Sports/Games		Youth Sports/Games			
Adult		Food Bank	Food Bank	Food Bank	Food Bank			
		Adult Computer		Seniors Community Lunch				
		Adult Computer	Adult Computer	Seniors Sewing				
	Seniors Computer	Seniors Club	Adult Drop-in Computer	Seniors Computer				
	Seniors Projects	New Hope Fellowship Crafts		New Hope Fellowship Workshops	New Hope Fellowship Darts			
				New Hope Fellow. Drop-in Meal				
EVENING PROGRAMS								
Youth and Adult	Youth Leaders in Training		Youth Boys Club	New Hope Fellow. Programs	Youth Drop-In			Youth Basketball
			Youth Girls Club	New Hope Drop-In Computer				
		Food Bank						
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY



Mission Statement

Yonge Street Mission is called to demonstrate God's love, peace and justice to people living in economic, social and spiritual poverty in Toronto.

As a not-for-profit Christian faith community, we acknowledge that every person is created in the image of God and has inherent value and dignity.

We assist as many people as possible to experience full participation in society.



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270 GERRARD STREET E.
TORONTO, ON M5A 2G4
PHONE: 416-929-9614