



## YONGE STREET MISSION

Our Food Bank helps over 2,500 people a month, every month

The Mission's food bank is a lifeline of support to people living with poverty: struggling families, the working poor and unemployed, people on disabilities and seniors on fixed incomes.

### Our Food Bank's greatest needs are:

- Canned or dried chickpeas, beans & lentils
- Canned tuna & salmon
- Canned soup & hearty stew
- Canned fruits & vegetables
- Pasta, tomato sauce & kraft dinner
- Peanut butter
- Cooking oil – canola, olive & other oils
- Rice
- Breakfast cereal

### Other much appreciated items:

- Powdered milk
- Power bars & meal replacements
- Tea & coffee
- Fruit juice
- Soap, toothpaste & shampoo

### Donate dollars for perishable items:

- Your cash gifts help purchase milk, eggs, & fresh produce



(FOOD BANK DONATIONS MAY BE DELIVERED TO – 270 Gerrard Street East, M5A 2G4)

# help fight hunger: ORGANIZE A FOOD DRIVE



**YONGE STREET MISSION**  
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*Yonge Street Mission's Core Values of Love, Creativity, Integrity, Dignity, Justice, Gratitude and Peace inspire us to serve people from all faiths and backgrounds.*

[www.ysm.ca](http://www.ysm.ca)

Receipts will be issued for all monetary donations.  
Please make all cheques payable to YONGE STREET MISSION.

Charitable Registration # 119306181 RR0001.

**S**adly, food banks are still necessary for people living with poverty:

### OUR FOOD BANK ADVOCACY PROGRAM:

- Helps clients access resources at YSM and other agencies.
- Connects clients to housing & employment assistance, addictions, education & health counselling.

### OUR CLIENTS TURN TO US BECAUSE OF:

- A lack of good job opportunities
- Low rates of social assistance
- High housing costs
- Rising food prices

**For more information contact:** Anne Keyes (416) 929-9614, ext 4247 OR [akeyes@ysm.ca](mailto:akeyes@ysm.ca)