



Job Posting Mental Health Counsellor (Part-time)

To people who believe that every person is of value and has promise, YSM is the vibrant, local Christian development agency that is leading an infectious movement – going beyond meeting immediate needs by offering holistic programs and a pathway that can transform the lives of people living with poverty in Toronto from merely surviving to thriving. Our goal is to end chronic poverty in Toronto in one generation.

We are seeking a part-time contract Mental Health Counsellor who will work with clients involved in YSM's employment programming. The counsellor will work closely with families, adults and youth who self-identify as having a mental health disability and to further develop their ability to seek and maintain personal goals related to work, career and or other areas of their lives. We work holistically and collaboratively with individuals and families and all stakeholders to ensure they reach positive outcomes towards mental health stability and to their full potential.

Responsibilities:

Reporting directly to the Mental Health & Counselling Services the successful candidate will be responsible for the following:

1. Conduct bio-psycho-social intake and formulate treatment plan with a trauma informed knowledge, client centred and strength base approach
2. Provide clinical counselling and work in collaboration with internal and external resources to support client growth towards their identified goals and employment focus
3. Ensure high quality clinical interventions by reviewing and researching update evidence based best practices
4. Creatively develop and facilitate psychoeducational workshops and group work to address mental health barriers
5. Maintain client records according to professional standards of their affiliated regulated body and maintain accurate YSM monthly statistical information.
6. Respond and deescalate community members mental health crises during working hours as needed
7. Maintain an ongoing network among other YSM staff to ensure integration of support and care management to enhance client success and positive outcomes

Qualifications:

The successful candidate will have the following skills and training:

- Master's degree in Social Work, Clinical Psychology or Counselling.
- Registration and good standing with the Ontario College of Social Workers and Social Service Workers and/or the College of Registered Psychotherapists of Ontario and possess professional liability insurance .
- Minimum 3 years (preferably post-graduate) working with youth, adult and families living with low income and or experiencing poverty.
- Demonstrated knowledge and experience conducting bio-psycho-social assessments, providing evidence informed interventions with youth, adult and families experiencing mental health conditions as challenge to obtain and or maintain job.
- Strong clinical knowledge and skills on various clinical approaches (i.e. BSFT, CBT, EFT.)
- Demonstrated ability to work from and implement a strengths-based and trauma informed philosophy of services.

- Experience in facilitating DBT skills group and other groups.
- Sensitivity to and ability to work with a diverse client and staff group.
- Strong care management, administrative and organizational skills
- Ability to work in collaboration with other staff for a common goal
- Knowledge of relevant community resources and strong networking skills.
- Good Personal management skills , effectively manage time and multiple responsibilities

Additional:

- A police check will be required / First Aid & CPI training is an asset
- Demonstrated commitment to YSM's principles of faith, mission and values
- Able to provide flexibility in schedule where required
- Ability to work some evenings may be required

Deadline for Application: March 8th. 2019

Starting Date: To be discussed

Send resume and cover letter in confidence to: epaz@ysm.ca

While we appreciate all responses, only candidates under consideration will be contacted.
Learn more about The Yonge Street Mission by visiting our website: www.ysm.ca